



How hot is too hot?

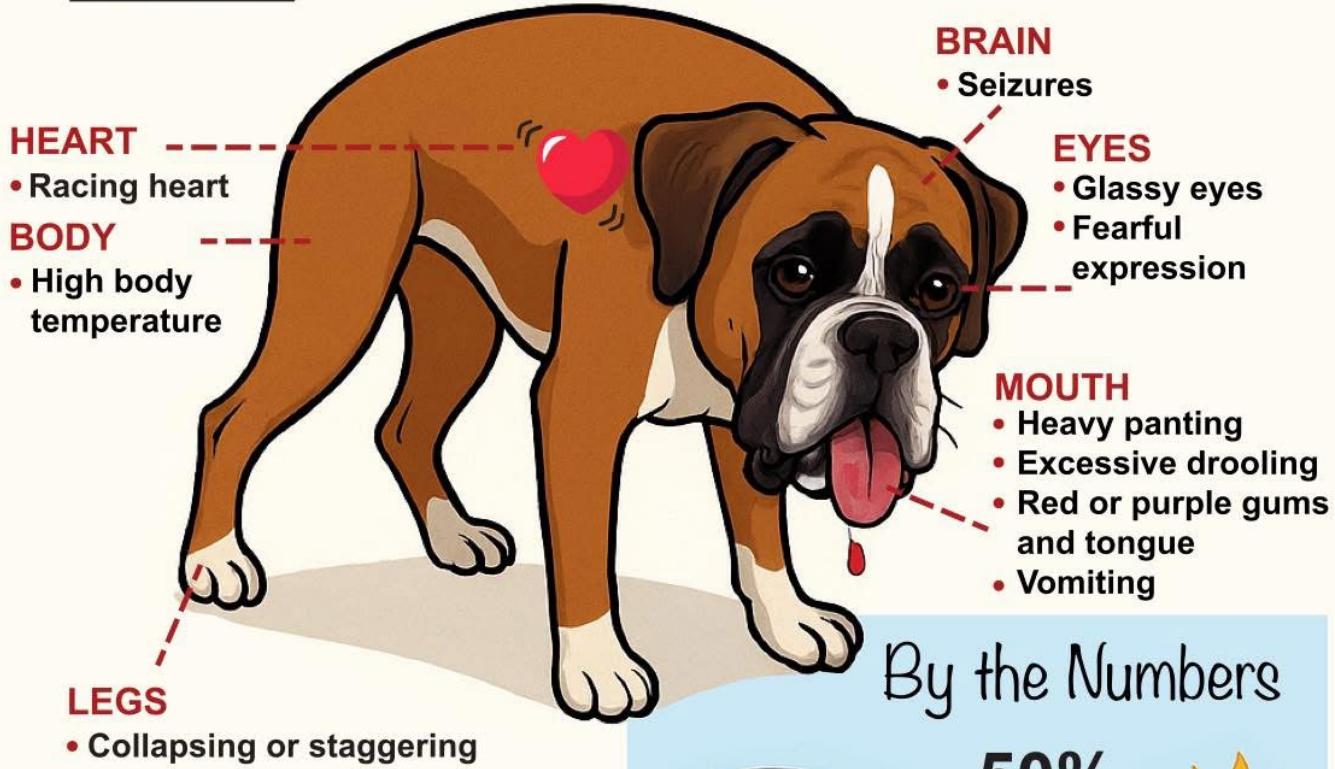
°C	°F				KEY	OTHER FACTORS
15°	60°	1	1	1	1. No evidence of risk: Have fun outside!	+1 If obese
18°	65°	1	1	2	2. Risk is unlikely: Have fun outside, but be careful!	+1 If brachycephalic breed
21°	70°	2	2	3	3. Unsafe potential, depending on breed. Keep an eye on your pet outdoors.	+1 If less than 6 months old or elderly
23°	75°	3	3	3	4. Dangerous weather developing. Use caution.	-1 If area is shaded from sun
26°	80°	3	3	4		-1 If water is available
29°	85°	4	4	5		
32°	90°	5	5	5		
35°	95°	5	5	5		
37°	100°	5	5	5		
40°	105°	5	5	5		
43°	110°	5	5	5	5. Potentially life-threatening heat. Avoid prolonged outdoor activity.	





HEAT STROKE

Know the Signs!



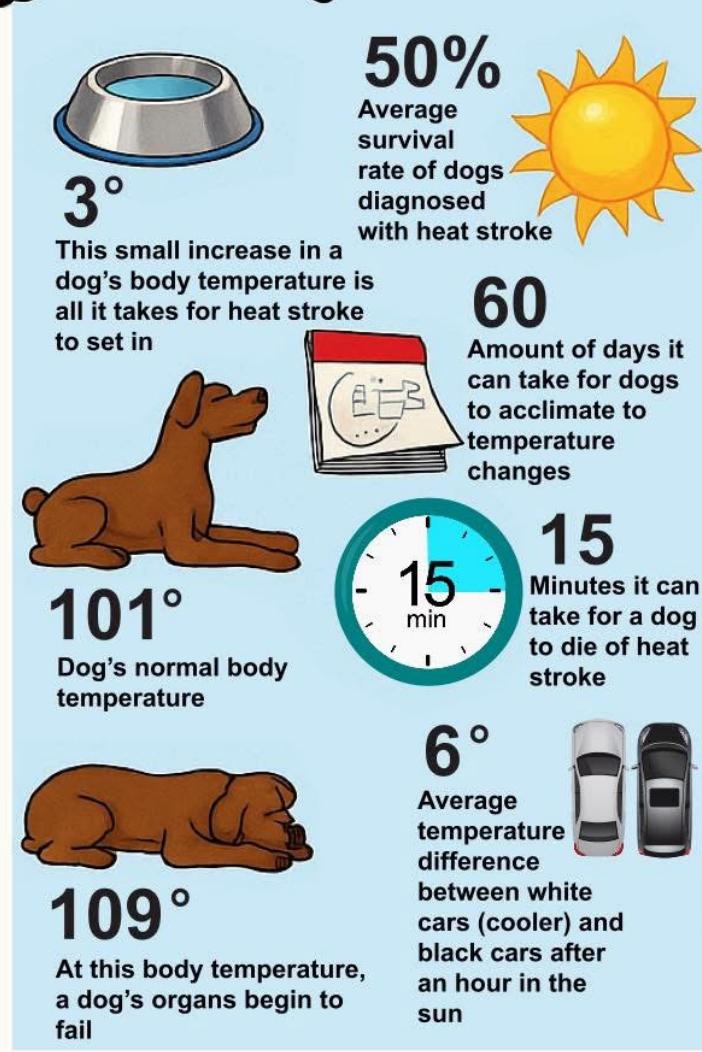
How to keep your dog cool on hot days

- Restrict exercise
- Never leave in car, hot room or sun
- Ensure drinking water and a cool, shaded spot is always available
- Walk early in the morning or later in the evening
- Spray with water

Steps to take if you're worried your dog has heat stroke

- Move somewhere cool
- Offer small amounts of tepid water
- Using wet towels, douse with cool (but never, ever cold) water
- Place in the breeze of a fan
- Contact your vet, or after hours, the nearest pet emergency clinic immediately

By the Numbers



BBQ & Picnic Dangers for Pets



Guard the Grill

Tempting smells can lure pets too close, putting them at risk of burned paws or knocking over the grill. Rich, fatty foods can trigger pancreatitis, an inflammation of the pancreas that can be fatal.



Choking & Blockage Risks

Corn cobs, bones, and fruit pits pose choking hazards and may cause intestinal blockages requiring emergency care.

Secure trash cans to prevent pets from scavenging.



Picnic Table Toxins

Barbecue and picnic staples like alcohol, grapes, raisins, onions, chocolate, and foods containing the artificial sweetener xylitol are toxic to pets — even in small amounts.



Secure the Skewers

Skewers can pierce the esophagus or intestines and may migrate internally, leading to life-threatening injuries — sometimes days or even weeks after ingestion.

To access pet health resources and learn about upcoming events, visit www.amcny.org/usdaninstitute

AMC
SINCE 1910

Schwarzman
Animal Medical Center
Usdan Institute for
Animal Health Education

WHERE TO CHECK YOUR DOG FOR TICKS?

AROUND & UNDER THE TAIL



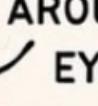
UNDER THE COLLAR OR HARNESS AREA



IN AND AROUND THE EARS



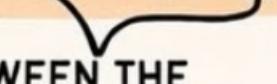
AROUND THE EYELIDS



BETWEEN THE BACK LEGS



BETWEEN THE TOES



HOW TO ACTUALLY KEEP YOUR DOG SAFE ON THE TRAIL



BEFORE YOUR HIKE

Is your dog ready?
Are they fit enough?
Are they well-behaved enough?

Know how much weight your dog can carry. Young, healthy dogs can carry 25% of their weight.

Get The Right Gear like dog booties for rocky terrain or snow.

DURING YOUR HIKE

Keep your dog leashed.

Avoid shared trails with mountain bikers and horses.

Make sure they get enough calories for the amount of effort they exert.



Clean up after them. Either bag it or bury it.

AFTER YOUR HIKE



Look for ticks, burrs, or anything else on your dog.

Give your dog a bath to get rid of anything on their fur.

10 Dog Friendly Plants For Your Garden



Wheatgrass
Nibble safe & helps boost energy levels



Lavender
Calming Aroma



Rosemary
Calming Aroma



Catnip
For some dogs, catnip can help with anxiety, improve sleep



Peppermint
Nibble safe for fresh breath



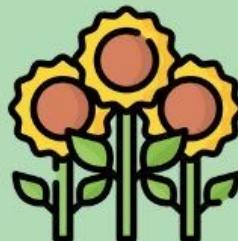
Chamomile
Nibble safe, anxiety aid



Sage
Nibble safe & full of vitamins



Pansies
Nibble safe



Sunflowers
Seeds are an excellent source of healthy fatty acids.
(Remove shell)



Thyme
Dogs enjoy the scent & it's great in fighting gingivitis when nibbled.